



EVENT:

Chargers vs Jags 09/25/2022

LOCATION:

SoFi Stadium

1001 S. Stadium Drive, Inglewood, CA 90301 (Enter off of Century Blvd. for personal vehicles)

PARKING:

Lot RED (See attached Map)

You should receive a parking pass if you are driving your personal vehicle.

Parking passes are limited and carpooling is HIGHLY encouraged.

Normally, you enter the parking lot from Doty & Century Blvd. Look for traffic signs with SoFi instructions for employees. DO NOT BE LATE! It can take up to 45 minutes just to get to the parking lot! Please arrive and be at gate 10-B by 0700. Non-Ambulance crews are <u>not</u> to clock in until you arrive at gate 10-B.

If you are driving an ambulance, you will report directly to parking lot **F**. (Enter off of Pincay x Varus for ambulances) and walk to gate 10-B. *Only unit 100 with equipment will park in VIP lot 11. All other ambulances will stage in lot **F** until AFTER the Fire Department briefing.

Unit 100 will be stocked with red backpacks #1 to #10 and all of the Sonim phones. Unit 100 will park at **Gate 10-B**, off-load these to the new primary first-aid room located at just inside Gate 10-B.

ARRIVAL:

From the RED parking lot, walk to the employee check in area between gate 10 and 11 (See attached Map) We will meet at employee check-in at 0700. This is the time that you will be assigned a position and wristband.

ASSIGNMENTS:

Everyone will have a specific assignment for the event. When you receive your assignment, please remain in your area. Do not wonder or explore any areas you are not assigned to. Your assignment will include a radio call sign. You must memorize your radio call sign.

We operate under system status so it is possible that you will be moved to different areas within the event. Your radio call sign will not change once assigned.

*Everyone must wear a mask while treating patients. Masks should be a solid color and without branding.

FIRST-AID STATIONS:

All first-aid stations have a name/I.D. (See attached Maps)

First-Aid station assignments will include 2 EMT's. 2 EMT's will respond to calls from their assigned First-Aid station. Do not travel to any location without all of your equipment!

First-Aid stations are fully stocked. Please familiarize yourself with all equipment and supplies immediately when you arrive. Contact a Supervisor (See contact list) if you are missing anything.

First-Aid stations contain over-the-counter medications. Under no circumstance are you to directly dispense or suggest any medications. You may allow a patient to acquire a single dose or packet on their own, but you must document it on the declination of evaluation form located inside each First-Aid box. (See sample). If your box doesn't have the medication, refer patient to the main first-aid room (Rampart) on level 6 (South/East side).

CALLS & PATIENT CONTACTS:

Still-Alarms: Immediately inform Dispatch via radio/sonim of any still-alarm or walk in situation. They will need to know that you are now unavailable for call assignments. If someone asks you to follow them to a patient, ask exactly where the patient is located. If it is outside your assigned area, contact dispatch. They may send a closer team. *Masks shall be worn on EVERY patient contact!

Call Assignments:

When you are dispatched, immediately proceed to the dispatched location with all of your equipment.

If you are having trouble locating the Patient location, use the radio or sonim and ask for help. Look for SoFi staff, illuminated traffic wands and/or flashlights that may indicate the call location.

When you reach the patient, state that you are "On Scene" or "On Scene and locating" Give Dispatch the following info as soon as you have it:

Age, Gender, LOC, Chief Complaint, Patient Location and PCR number.

Patient destination will normally be the "RAMPART" First-Aid station on the 6th floor.

Depending on the location, Dispatch may send a QRV to you or to a meeting place for transportation to Rampart.

PATIENT CARE REPORTS:

You will be utilizing paper patient care reports for all patient contacts. <u>Bring a good ball-point pen!</u> Please familiarize yourself with the PCR. (See attached example).

If you are first on-scene, you will start a PCR. Fire will do their own documenting. In either case, you will put the FD run number on your PCR so the documents can be matched up. AMA documentation must be pre-authorized by dispatch if FD Paramedics are not on scene.

PCR's will be done for **ALL patient contacts** unless someone just has a medical question or they are requesting medical supplies (Band-Aid, ice pack, etc). Requests for meds or supplies shall be documented on the medication log and turned in at the end of the event. The PCR is in triplicate so press down firmly when writing. We do not give patients any copy of the PCR. The AMA is on the back of the last page. Dispatch (SoFi Comms) will request a PCR number from you for each incident. This is the printed number in the top right corner of the PCR.

COMMUNICATIONS:

Dispatch will operate on a dedicated medical channel (Channel 3 = **SECURITY 1**).

Each team will be issued at least one portable radio and a Sonim phone. These are your responsibility.

You must always monitor the radio / Sonim. Remember your radio call sign.

You must always be reachable by radio / Sonim phone. Headsets shall be worn at ALL times!

When you are dispatched, acknowledge the call by reading it back. Do not just reply with "Copy". Ensure that you ALWAYS update your status with SoFi Comms. They must ALWAYS know your current status so make sure you are updating them **anytime** your status changes. If you go "On-scene locating", make sure you update to "On-scene with patient" when you have located. Make sure you are always aware of the radio's channel, volume, and battery status. Communication at this event is a KEY item of monumental importance. Successful communications lead to a successful event!

AMBULANCE DUTY:

Monitor your radio and Sonim!!!

If you are assigned to an ambulance, you must be in the immediate vicinity of the ambulance at all times. Do not wander away from your ambulance. Know how you will get to the hospital. The parking lot is full of bollards (Short vertical posts that raise and lower out of the street). Watch your speed while in the parking lot or in the tunnel. There will be pedestrians and golf carts everywhere you drive. Watch out for them! Code 3 lighting is encouraged. Siren use should be kept to an absolute minimum while on property. No siren use in the tunnel or underground.

CONDUCT:

Safety begins with you! Maintain situational awareness at all times.

You represent EMS and our company. Please present yourself professionally at all times. This event requires you to be matching in full uniform. **NO T-shirts! NO Hats! NO VIDEOS OR PHOTOS** while working the event! If you are issued a First-Aid room key, you must wear the key around your neck at all times! You are never to give anyone else the key you are issued for the day. No exceptions!

PHONE SERVICE:

Verizon: 4G and 5GAT&T: Wi-Fi calling

T-Mobile/Sprint: Wi-Fi calling

Others: Wi-Fi calling

WiFi Calling Setup

Go to Settings on your iOS device. Within Settings, navigate to Cellular.

In Cellular, navigate to Wi-Fi Calling, then Enable Wi-Fi Calling on this iPhone if its not enabled

Android Configuration

To enable Wi-Fi Calling, you can select the Wi-Fi Calling icon in the fast menu (Pulling down the notification shade). Additionally, you can go to Settings.

Within Settings, navigate to Network & Internet > Connections.

Within Network & Internet Connections, search for "Wi-Fi Calling".

If you do not find Wi-Fi Calling, you may need to navigate to "Wi-Fi Preferences" or "Call" which will need to be Enabled.

NOTE: Android Settings are different from phone to phone, if Wi-Fi Calling is not in the Connections menu, you can type in "Wi fi calling" in the search bar:

a. Note that a restart may be required following enabling Wi-Fi Calling.

It is recommended to print this document and bring it with you to the event.

CONTACT LIST:

Event Manager Mike Henderson 818-822-0960 Event Supervisor David Granados 310-892-4749

On-Site Dispatch -Radio or Sonim: SoFi.Comms1 or SoFi.Comms2

Field Supervision on MCC.SoFi.Sup1

Employee Checklist

Non-Ambulance Crews

- 1. Park in lot RED. Do not be late! Do not be late!
- 2. Walk to gate 10-B (Between gates 10 & 11).
- 3. Clock in.
- 4. Attend roll-call, receive assignment and wristband.
- 5. Return to parking lot F for Fire Department briefing.
- 6. Return to gate 10-B. All bags must be x-rayed.
- 7. Walk to Primary first aid room "RAMPART" (Just inside of gate 10-B) and receive assigned equipment.

100 Ambulance Crew

- 1. Enter the property from Pincay and Stadium and Drive to parking lot 11 VIP.
- 2. Arrive at gate 10-B and check in with lead supervisor.
- 3. Immediately off-load Sonims and all backpacks into new primary first aid room. (Located at gate 10-B)
- 4. Walk to parking lot F for Fire Department briefing.

All other Ambulance Crews

- 1. Enter the property from Pincay and Varus and Drive to parking lot F.
- 2. Walk to gate 10-B for wristbands and Sonim phones.
- 3. Walk to parking lot F for Fire Department briefing.

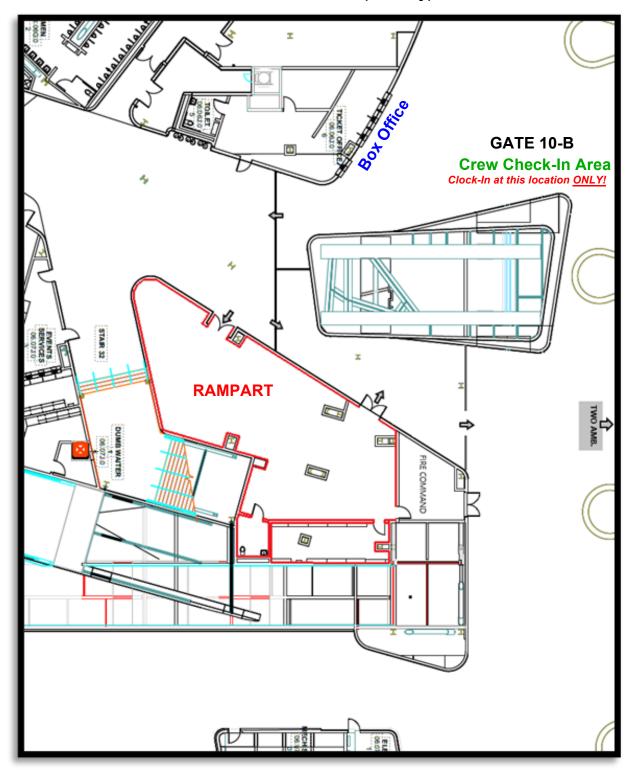
ALL Crews:

The stadium *normally* provides 1 (one) lunch meal for us. I recommend that everyone bring additional snacks, meals and drinks to supplement the provided meal. It's a long day so plan ahead.

SoFi Stadium PARKING ZONES Green Zone (Lots A, B) Pink Zone (Lots I, J, P, Q) Blue Zone (Lots O, N) Rideshare (Drop off / Pick Up) Yellow Zone (VIP Parking) Brown Zone (Lots C, D) Purple Zone (Lots K, L, M) ADA Route (Drop off / Pick Up) **Red Zone Entries** Orange Zone (Lots E, F, G, H) Platinum Zone (Valet) MANCHESTER AVE **FORUM** RIDESHARE **Ambulances Enter** PINCAY DR **HERE** PINCAY DR **Crew Meeting Location BUCKTHORN ST Crew Parking** SoFi ::: ARBOR VITAE ST PLATINUM ZONE LOT 0 HARDY STREET LOT Retail & Residentia CENTURY BLVD CENTURY BLVD RIDESHARE RIDESHARE . **Crew Entry Points** MAP ● 2020 CARTIFACT

SoFi Stadium 1000 S PRAIRIE AVE, INGLEWOOD, CA 90301

Level 6 SE First Aid (Primary)





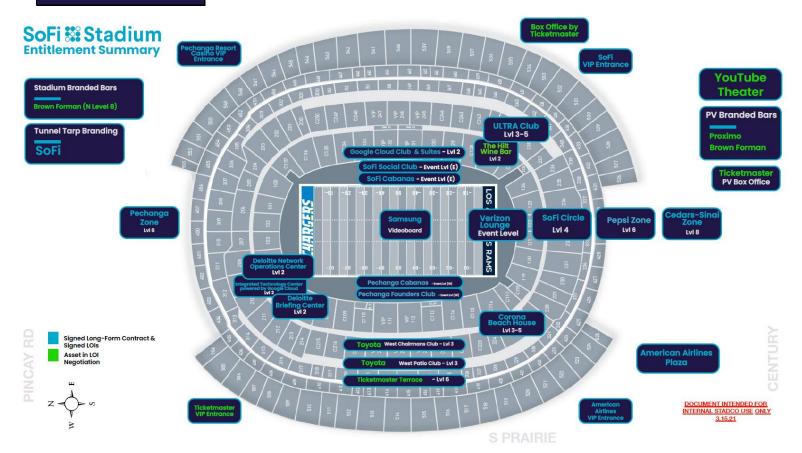
PARTNERSHIPS

CONTACTS

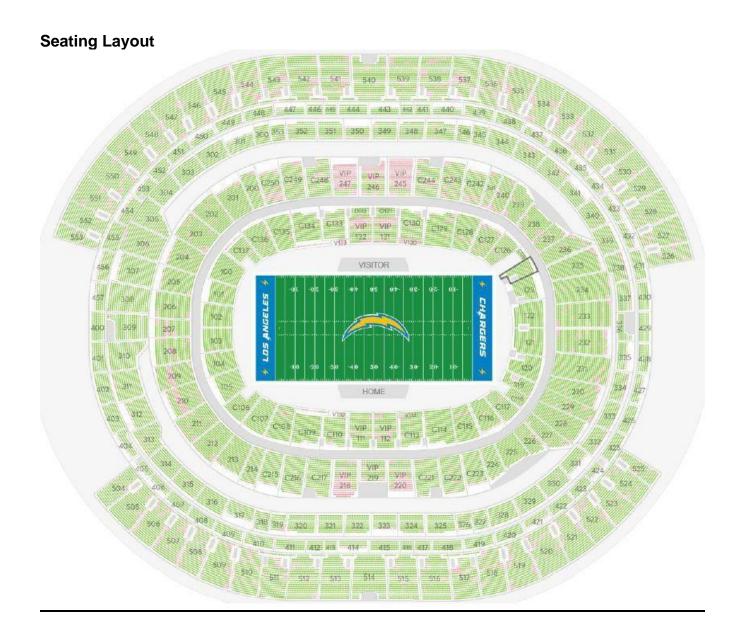
Partner Giveaways

N/A

Stadium Partners



SoFi : Stadium





ADDITIONAL INFORMATION

- Seating Section Breakdown Level 2: 100 seating section, Level 3: 200 seating section except 227-236), Level 4: 227-236 seating sections, Level 6: 300 seating section, and Level 8: 400 and 500 seating sections
- Levels that go all the way around are levels for guests to use are levels 2 and 6. Level 3 has no south side, level 4 has no north side, and level 5 does not have a north or south.
- The clear bag policy will be in effect for non-credentialed staff. All noncompliant bags will be screened via X-Ray and tagged upon inspection.
- To access wifi use #sofistadium. Reminder: non-Verizon users need to access wifi calling in the building
- All elevators will be available for use. One (1) elevator at Entry 7 will be for Rams use from Level 1 to Level 5.
- All escalators except Entry 7 escalator from Level 2 to Level 6 (ESC 03/04, ESC 11/12, ESC 19/20, and ESC 29/30) will be in use.
- Guest Services Centers are located at Level 2 Southwest Level 3 North, Level 4 South, Level 6 South, Level 6 Southeast, and Level 6 North Kiosk, and Level 8 Southwest Kiosk. Lost and Found items can be turned in at any center. Guests may contact guestservices@hollywoodparkca.com for in-
- Sensory toolkits and assistive listening devices, will be available at VIP Entry 11 Guest Service Center.
- Mamava Pod at Northeast on Level 6 and Southeast on Level 4 Northeast are available to use.
 - Four (4) bag valets are located outside for a \$20 fee at the following locations: Northeast on Touchdown Dr., Northwest on District St,/Touchdown Dr., Southwest on Champions Way, and South/Southeast on Champions.
- Wheelchair escorting services will be available from the entries to seats and back.
- The following merchandise locations are available: The Equipment Room, Level 2: Northwest Section 106, Level 6: North Blooming Onion Portable Section 305, and Level 8: Northeast Section 506.
- The following concession stands will be available: Level 2: Northwest, Northeast, and South, Level 3: East and West Patio Club, Northwest, North, and Northeast, Level 4: Southwest and South, Level 6: East and West Terrace Club, Northwest, Northeast, Southeast, South, and Southwest, and Level 8: North, East, Southeast, Southwest, and West.
- Alcohol cutoff will be at 6:00pm for general admission and 6:30pm for VIP guests.

BREAKSPACES AND MEALS

- Designated break location for all Media is on Southwest Level 7 inside Press Box.
- Please check with your Supervisor for specific designated break location information. All breakspaces and the Broadcast Compound will be in use for breaks.
- Complimentary meals are available to <u>all</u> Team Members from 4:30pm-6:30pm. If working on Levels 1-5 meals are to be picked up from <u>only</u> the Level 1 South Broadcast Compound. If working at the Entries or Levels 6-8 meals are to be picked up from one of the three (3) Level 6 breakrooms. Please do not remove meals from any break areas.
- Breakrooms are located at the following areas: Level 1: South Broadcast Compound, Level 2: Northeast 02.37G.01, Level 3: Southeast 03.05H.01 and Northwest 03.27G.01, Level 4: East 04.04H.01 and Southwest 04.17G.04, Level 5: Southwest 05.16G.05, Northeast 05.37G.01, Level 6: Southwest 06.16H.01, Northwest 06.28J.01, and Northeast 06.40H.01, and Level 8: 08.17H.01.

COMMUNICATION & EMERGENCY INFORMATION

Please use your dedicated channel to reach Event Command Center

To reach Event Command Center (ECC) via phone: (424) 541-7222



SoFi : Stadium

LEVEL 2 (Executive Club, Executive Suites, Owners Club, Owners Suites, Premier Seats 100)



RESTROOMS

MEN'S RESTROOM

WOMEN'S RESTROOM

M FAMILY RESTROOM

FOOD & DRINK

BAR

WINE BAR

WHISKY BAR

SUSHI, ASIAN, DELI, PATTY MELT, BURGER, TACOS, BAJA BOWL, PIZZA, CHARCUTERIE

RETAIL TEAM STORE



LEVEL 3 (Club Seats 200, Premier & Reserved Seats 200)



RESTROOMS



WOMEN'S RESTROOM

FAMILY RESTROOM

FOOD & DRINK

₩ BAR POPCORN

BEER FROZEN SNACKS

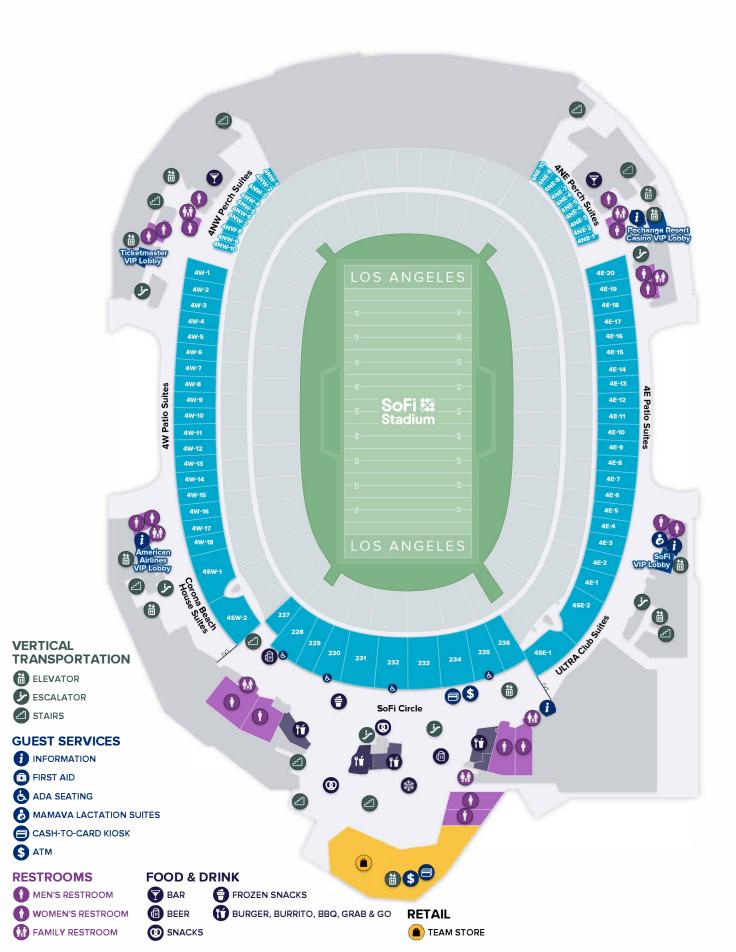
SNACKS CHICKEN, BURRITO, PIZZA, BURGERS





SoFi Stadium

LEVEL 4 (Corona Beach House Suites, Patio Suites, Perch Suites, Reserved Seats 200, ULTRA Club Suites)



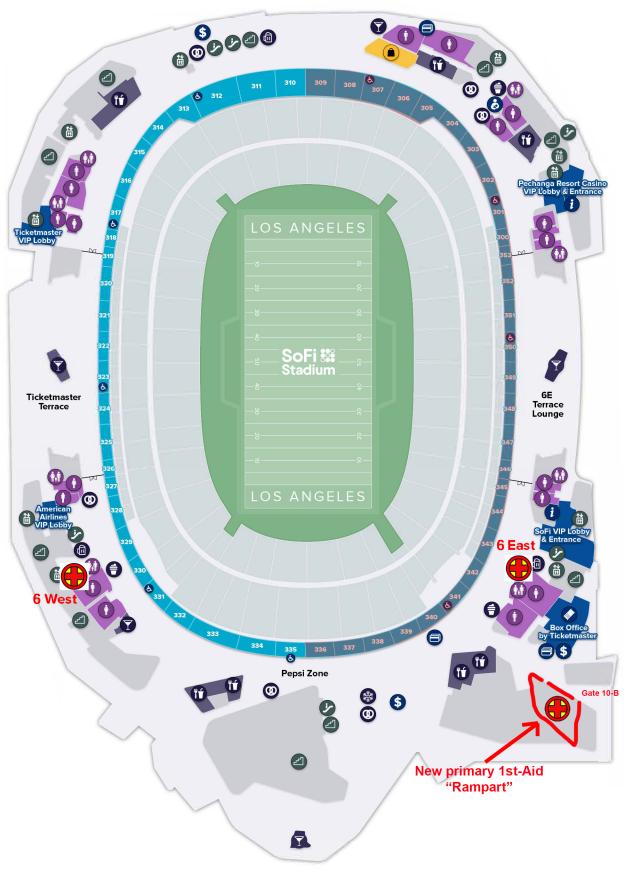


SoFi : Stadium

LEVEL 5 (Corona Beach House Suites, Patio Suites, Perch Suites, ULTRA Club Suites)





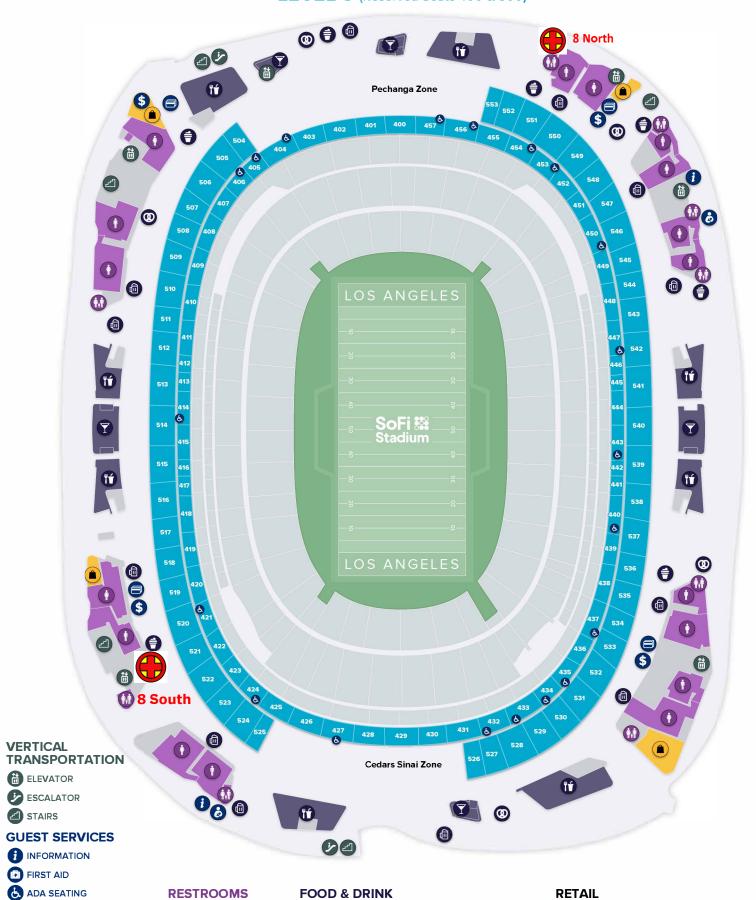






SoFi : Stadium

LEVEL 8 (Reserved Seats 400 & 500)



BAR

BEER

O SNACKS

MEN'S RESTROOM

FAMILY RESTROOM

WOMEN'S RESTROOM

FROZEN SNACKS

CHICKEN, BURRITO, PIZZA, BURGER

MAMAVA LACTATION SUITES

CASH-TO-CARD KIOSK

S ATM



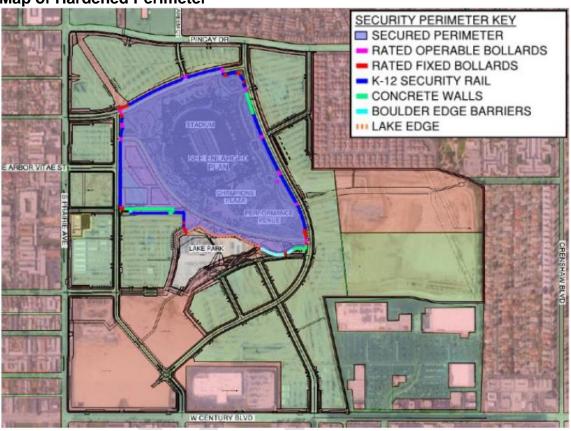
TEAM STORE



Road Closures

Champions Way and Touchdown Drive are closed to vehicle traffic.

Map of Hardened Perimeter



SoFi ::: Stadium



SoFi ::: Stadium

Screening





EVENT PATIENT CARE REPORT

ANIBULANCE
NAME LAST LA
AGE 080 GENDER F DOB 0/0847 C2/55/50 CA PT CONTACT TIME: C2/55/50 CA Security On Scene:
NONE SWENCE SEVERE
ARRIED ON SCENE TO FIND A 80 YO 67 SITTING IN THE LEVEL Suspected ETOH
4 UERIZON PLAZA IN MILD DISTRESS COVERING HIS BEYE. PH STATES THAT ANOTHER GUEST POPED HIM IN THE EYE WITH A STRAW. UPON EXAM, REYE IS RED BUT NOT BLEEDING. PUPIL IS DILATED AND UNRESPONSIVE. PH STATES VISION IS BLURRED IN BEYE ONLY. PH DENIES ANY OTHER MEDICAL COMPLAINTS. NKA. NO HX NO MEDS. PH WALKED TO
PUPILS LOC CHANCE CLEAR NORMAL rate/effort SKIN SIGNS CLEAR NORMAL rate/effort Cyanotic PERL Oriented x 1 2 3 Wheezes Unequal Labored NORMAL Hot Cyanotic Pipinpoint Not Alert Rales JVD Accessory Muscle Use Pale Flushed Rhonchi APNEA TIDAL VOLUME Cool/Cold Jaundiced Diaphoretic Cap.Ref. Diaphoretic Cap.Ref.
BEST WOTOR A = Spontaneous A = Spontaneous A = Spontaneous A = Confused A = Confused
1ST PAIN SCALE 0 8 TIME 1 9 3 7 2ND PAIN SCALE 0 7 TIME 2 0 0 3 OTHER:
□ VENUE EMPLOYEE □ Released Into Care of SELF □ REFUSED TREATMENT □ NO MEDICAL AID NEEDED ☑ PARTICIPANT □ Released Into Care of FRIEND/RELATIVE □ REFUSED TRANSPORT ☑ OTHER: FIRST AID □ STAGE CREW □ Released Into Care of SECURITY □ AMA OBTAINED □ GUEST □ Released Into Care of LAW ENFORCEMMENT □ EVAL BY FD-SQ #: □ □ OTHER: □ TRANSPORTED TO ER □ ALS TRANSPORTING UNIT # □ FACILITY NAME: CNT
TRANSPORT UNIT REQUESTED NO YES TIME: 2003 TRANSFER OF CARE TIME: 2015 TRANSPORT UNIT 17563 TRANSPORT UNIT 17563 AST. FIRST SIGNATURE: SIG

RELEASED AT SCENE and REFUSAL AGAINST MEDICAL ADVICE FORM

PATIENT NAME	DOB	DATE	TAG/RUN#
DAVID BOWIE	01-08-47	10-19-21	5758
DAVID SCORE		77721	3738
RELEASED AT SCENE-After thorough assessment by E	•	• •	o have a medical problem
that requires immediate treatm	ient and/or transportation		•
REFUSING AGAINST MEDICAL ADVICE		•	•
The following apply to myself or the patient on whose beh	nalf I legally sign this docun	nent (check all that ag	oply):
☐ I AM REFUSING MEDICAL ASSESSMENT.	. , .		
☐ I AM REFUSING MEDICAL TREATMENT.	•		•
AM REFUSING MEDICAL TRANSPORTATION	ON.		• .
☐ I HAVE RECEIVED MEDICAL ASSESSMENT	AND TREATMENT, BUT D	ECLINE MEDICAL T	RANSPORTATION.
☐ I HAVE RECEIVED MEDICAL ASSESSMENT,	TREATMENT AND TRANS	SPORT TO AN EMER	RGENCY DEPARTMENT,
BUT DECLINE ASSESSMENT AND TREATMI	ENT FROM THE HOSPITA	L THAT I WAS TRAN	ISPORTED TO. Complete
the documentation boxes below:			·
HOSPITAL NAME	NAME OF FACIL	ITY STAFF NOTIFIED	
NA	$\sim 10^{-10}$	A	
attention even though I (or the patient on whose behalf I that the worsening of my injury or illness could result in further I understand that I may change my mind and call 9-1-1 if the treatment is available at an emergency department 24 ho contact my personal physician as to my present condition I acknowledge that this advice has been explained to me be its provisions. I agree, on my own behalf (and the behalf of and hold harmless all EMS providers and their officers, me of action, damages, or legal liabilities of any kind arising or personnel or the hospital or their personnel.	eatment, transport and/or eatment, transport and/or ours a day or from my phys as soon as possible. by EMS personnel and that of the patient for whom I I embers and the employees	eath. assistance is needed sician. I understand t I have read this form legally sign this docur or other agents from	later. I also understand that that I have been directed to completely and understand ment) to release, indemnify any claims, actions, causes
SIGNATURE OF: PATIENT PARENT LEGAL GUARDIAN	PRINT NAME C	F PARENT OR LEGAL GL	JARDIAN
TAUN ?	- DAVIS	BOWIE	
SIGNATURE OF WITNESS	PRINT NAME O		
		_	
South Shulm		= Skywa	
PATIENT / GUARDIAN REFUSES TO SIGN: I attest that providers. The patient / guardian was informed of the riproviders.			
SIGNATURE OF WITNESS	PRINT NAME O	OF WITNESS	
PATIENT RELEASED IN CARE OR CUSTODY OF: INTERPRETER USED: IN IN IT YES-NAME:	ELF DRELATIVE/FRIEND	LAW ENFORCE	EMENT
· ·			



Declination of Evaluation

	Event RAMS US KAIDERS Time 19.57
	Team 106 Location 6 WEST 15T
	At this time, I am making the informed decision to waive my right to be evaluated by a certified medical professional. I understand that I am requesting OTC medication or medical supply at this aid station and do not wish to be considered a patient or receive any medical evaluation at this time. I understand that I can change my mind and return to be medically evaluated at any time. I will not hold any member or organization affiliated with this aid station responsible for any adverse or unwanted reactions to the OTC medication or medical supply I am requesting.
	Signature of requesting individual
\Rightarrow	X David Bourne
	Medication(s) or Supplies requested:
	ASARIN - 160me x 1
	ASARIN - 160ME X 1 1 ILE PACK
	,

This form is to be turned in to supervision at the end of every shift.

Form completed by (Print)_

ACTIVE SHOOTER RESPONSE

ARRIVAL ONSCENE

- Hold & Communicate
- Forward Stage & prepare for entry as RTF
- I.C. or Engage
- Team with Force Protection & form RTF
- Identify CCP's
- **Providing Life Saving Intervention**
- Assignment of Litter Teams
- Triage patients
- Transport patients to hospitals via Established Treatment area

RESCUE TASK FORCE

- Assemble at forward staging area, brief & update intelligence frequently
- PPE'S, Move quickly with modified equipment (Chest Packs, T-bags, Canberra, etc.)
- Provide Triage and Life Saving Interventions
- ID Areas of danger (Conceal / Cover)
- Maintain Situational Awareness
- Maintain LCES, constantly evaluate.

COMMAND

- Establish Fire Staging in Safe Location
- Co-Locate and Communicate with Law Enforcement.
- Dispatch
- \circ 1ST Patrol Officer
- Ranking Officer
- Determine the type of Tactical Law Enforcement Incident
- Establish Unified Command w/ Law
- ID Priorities/Strategy/Objectives = IAP

Hot Zone

No Entry by non-Law Enforcement Personnel, Fire or EMS

Warm Zone

Potential Threat Exists, Cleared by Law for RTG's

Cold Zone

No Danger Exists *ICP* Staging *Support* MCI

> FETF – Forcible Entry Task Force FTF – Fire Task Force LTF – Litter Task Force MAC – Medical Alert Center RTF – Rescue Task Force TEMS – Tactical Emergency Medical Support

CCP – Casualty Collection Point
CONTACT TEAM – Law Personnel staffed to address the Threat
(Hot Zone)
ICP – Incident Command Post
LSI – Life Saving Interventions
SALT – Sort, Assess, LSI, Transport

ACTIVE SHOOTER RESPONSE

Incident#____

(Ver 1.2)

Date: ___/___ Time:____

1st Alarm Resources				
UNITS				
E-	CA- IC with Law	Crew-Rescue TF#1		
E-	CA-Rescue Group	Crew-Rescue TF#2		
E-	Ambulance Coordin	nator		
E-	Litter Team 1-Repo	ort to Rescue Group		
E-	Litter Team 2-Repo	Litter Team 2-Report to Rescue Group		
Sq-	Med-Comm. (Both I	Med-Comm. (Both PM's)		
Sq-	Report to Medical G	roup		
Hvy Sq-	Report to Medical G	roup		
T/LF/Q-	Treatment Unit Le	ader		
T/LF/Q-	Medical Group Sup	v.		
USAR TF-	1 2 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	¥ 1, 1/2		
HM TF-	A: 70			
Air Sq-	Air Transportation			
BC-	IC, Unify with Law			
BC-	OPS /Deputy OPS	with Law		
2 nd Alarm R	esources			
UNITS				
E-	Command Post Su	pport & Staging		
E-	Litter Team 3-Repo			
E-	Litter Team 4- Report to Rescue Group			
E	Fire Group Supv.	Fire Group Supv.		
E-	Landing Zone Coordinator			
Sq-	Report to Medical Group			
Sq-		Report to Medical Group		
Sq-	Report to Medical G	Report to Medical Group		
Hvy Sq-	Report to Medical Group			
T/LF/Q-	Forcible Entry Gro	up Supv.		
T/LF/Q-				
USAR-				
HM-				
Air Sq-	Air Transportation			
BC-		Supervise Rescue Group		
BC-	Supervise Medical Group			
AC-	Fire Branch	Fire Branch		
DC-				

INCIDENT NAME:_		
ICP LOCATION:		
HELISPOT:		Eng:
Lat	Long	
FIRE STAGING:		Mgr:
AMB STAGING:		Mgr:

Communications Plan

ADMIN: UHF	zone_	CH
COMMD: VHF	zone_	CH
TACTICAL: VHF	ZONE_	CH
TACTICAL: VHF	zone_	CH
AIR/GRND: VHF	ZONE_	CH

(Monitor Cell and Satellite phones)

Checklist

Enroute:

- o Request MCI Response & Notify MAC
- o Request Comm. Plan & Name Incident
- o Designate Landing Zone for Air Squad

On Scene:

- Hold in safe location for PD
- o Co-Locate /Unify with Law & Coordinate

Size Up Report:

- Location and Current Situation
- Approx. number of Patients _____

Follow Up Report:

- State ICP and Staging locations
- o Req. PIO, Safety and Move-ups
- o Req. Additional Resources (2nd Alarm MCI)
- o Req. Additional Air and Ground Amb.
- o Req. Emergency Medical Support Vehicle
- o Req. Amb. Supv's to ICP & Amb. Staging

Command:

- o Establish Fire and Amb. Travel Routes
- o Establish Hot, Warm, Cold Zones with Law
- o Develop Objectives, Strategies and Tactics

Assign:

o Resources with law for force protection

Provide Status Reports: (Every 15 Min.)

- o Situation, Progress, Needs.
- o Maintain Cell Communications with CCBC



Heat Illness Prevention

Guidance for Workers

Awareness of heat illness symptoms can save your life or the life of a co-worker.

- If you are coming back to work from an illness or an extended break, or you are just starting a job working in the heat, it is important to be aware that you are more vulnerable to heat stress until your body has had time to adjust. Let your employer know that you are not used to the heat. It takes about five to seven days for your body to adjust.
- Drinking plenty of water frequently is vital to workers exposed to heat. An individual may
 produce as much as two to three gallons of sweat per day. In order to replenish that fluid,
 the worker should drink three to four cups of water every hour, starting at the beginning of
 the shift.
- Taking your breaks in a cool, shaded area and allowing time for recovery from heat during the day are effective ways to avoid heat illness.
- Avoid or limit the use of alcohol or caffeine during periods of extreme heat. Both dehydrate the body.
- If you (or a co-worker) start to feel symptoms, such as nausea, dizziness, weakness, or unusual fatigue, let your supervisor know and rest in a cool, shaded area. If symptoms persist or worsen, seek immediate medical attention.
- Whenever possible, wear clothing that provides protection from the sun but allows airflow to the body. Protect your head and shade your eyes if working outdoors.
- When working in the heat, be sure to pay extra attention to your co-workers and be sure you know how to call for medical attention.

For more information, call Cal/OSHA or visit our website at: www.dir.ca.gov



ED Physician Team





Dr. Clairose Retino

Medical Education: St. George's University

Emergency Medicine Training: *Maimonides Medical Center*

ED Practice Location:Huntington Memorial Hospital

Interests:
Exploring with my golden doodle (Alfie),
cooking, real estate, and plants



Dr. Jamie Chang

Medical Education: *Harvard Medical School*

Emergency Medicine Training: Stanford Hospital and Clinics

ED Practice Location: *Kaiser West LA and South Bay*

Interests:

Wrestling my kids, grilling, football, and playing pickleball with my wife



Dr. Nima Moradian

Medical Education:Western University of Health Sciences

Emergency Medicine Training: *Maimonides Medical Center*

ED Practice Location:Whittier Hospital (and others)

Interests:

Sports, dining out, Star Wars, stand-up comedy, snowboarding, and my family